

Novena to the Holy Spirit for the Seven Gifts – DAY 1 (EWTN)

We pray this prayer for all Life Teen students and Core members and Fr. Pat.

The Holy Spirit

Almighty and Eternal God, Who hast vouchsafed to regenerate us by water and the Holy Spirit, and hast given us forgiveness all sins, vouchsafe to send forth from heaven upon us your sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

Our Father & Hail Mary - ONCE.

Glory be to the Father- SEVEN times

Act of Consecration to the Holy Spirit

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds, and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace, O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, "Speak Lord for Your servant heareth." Amen.

Prayer for the Seven Gifts of the Holy Spirit

O Lord Jesus Christ, Who before ascending into heaven, did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to all SSD attendees that He may perfect in their souls, the work of Your grace and Your love. Grant them the Spirit of Wisdom that they may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten their minds with the light of Your divine truth, the Spirit of Counsel that they may ever choose the surest way of pleasing God and gaining heaven, the Spirit of Fortitude that they may bear their crosses with You and that they may overcome, with courage, all obstacles that oppose their salvation; the Spirit of Knowledge that they may know God and know themselves and grow perfect in the science of the Saints, the Spirit of Piety that they may find the service of God sweet and amiable; and the Spirit of Holy Fear that they may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark them, dear Lord, with the sign of Your true disciples and animate them in all things with Your Spirit. Amen.

In the name of Jesus Christ, we praise You, Heavenly Father! Amen!