



40 DAYS of FASTING & PRAYER: Sept 14 to Oct 23

Bishop Joseph Brennan Calls us Together as a Diocese

LET US PRAY:

For all who are living in fear. For all who have died or lost a loved one
For protection and deliverance from this pandemic
For an end to racism within us and around us
For all who have suffered from the wildfires
That every child's Right to Life will be respected; for an end to abortion
For an end to all violence and for the triumph of peace.
For our nation as we prepare for a presidential election.

How Can we Participate in these 40 Days of Prayer?

- *A Prayer to Our Lady of Guadalupe for everyone, every day, at home and at Mass*
- *A public outdoor gathering for the Holy Rosary. Daily Rosary encouraged.*
- *40 Hours of Eucharistic Adoration (offered at all parishes in various ways)*
- *An encouragement to engage in fasting in various ways*
- *Sunday and daily Mass whenever and wherever possible*

RESOURCES for you HERE: in English and Spanish:

dioceseoffresno.org/office-of-worship-and-christian-initiation

This link will lead you to . . .

- 1. A prayer booklet to be used during a Holy Hour of Prayer, especially during Eucharistic Adoration, read silently or outloud, either alone or in groups*
- 2. A Daily Prayer to Our Lady, which can be read online or printed*
- 3. Special intentions to be used at Mass or in private prayer*
- 4. A booklet providing a Scriptural Verse for each Hail Mary of the Rosary*

