

## Selecting a Sponsor for Confirmation

Many of you will wonder who you should choose as a sponsor for your confirmation. It is desirable that one's baptismal godparent also serve as one's sponsor for confirmation. In doing this you are expressing more clearly the relationship between baptism and confirmation. In a real way the godparent's role and responsibility as a sponsor is more effective.

### Who is Eligible to be a Sponsor?

The Catholic Church requires the following of sponsor:

- You must choose your sponsor, and your sponsor must be willing to help you lead a Christian life in harmony with your baptism call and fulfill the obligations connected with it.
- Your sponsor must be at least sixteen years of age.
- Your sponsor must be Roman Catholic, baptized and confirmed, and have received first communion.
- Your sponsor must be practicing his/her faith, that is, a faithful Catholic who attends Sunday Mass on a regular basis.
- If married, they must be married according to the regulations of the Catholic faith
- Your sponsor must be someone besides your parents. The church prefers that the godparents at baptism serve again as the sponsor at confirmation. You may choose as your sponsor, your brother, sister, godfather, godmother, aunt, uncle, cousin, friend, neighbor who meets these requirements. **Your parents may NOT act as sponsors.**

### The Role of the Sponsor

The sponsor is responsible for seeing that the one confirmed lives as a true witness to Christ and fulfills faithfully the obligations connected with the sacrament. On the day of the Confirmation the sponsor brings their candidate to receive the sacrament, presents them to the bishop for anointing, and later helps them fulfill their baptismal promises faithfully under the influence of the Holy Spirit whom they have received.